

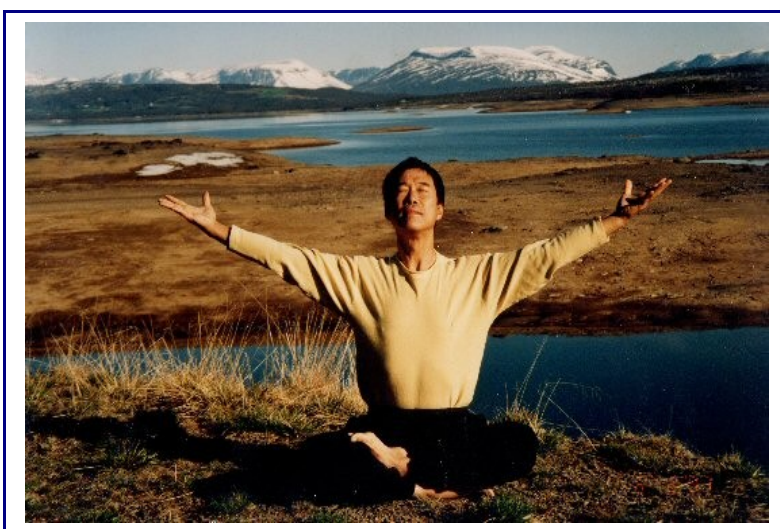
# Return to Spring Qigong and Part III of the Healing Qigong

**Qigong Workshop with Master Li Junfeng Nov 6 & 7, 2010  
Saturday 10:00AM – 5:00PM & Sunday 10:00AM – 4:30PM**

4 Oxford Road, Building F, Milford, CT 06460

[www.aiping-taichi.com](http://www.aiping-taichi.com)

*A weekend of relaxation and renewal. Beginners welcome!*



**Learn Master Li's standing qigong form to**

- **Reduce stress; relax your body and mind**
- **Strengthen your immune system**
- **Feel the power of your own life force (qi)**

*“Return to Spring” qigong movements will be part of this workshop*

His open heart, warm spirit, and sense of humor make **Master Li Junfeng's** workshops an uplifting experience. In the early 1990's, he gave up a comfortable life in China as a well known coach and actor to travel the world to teach this powerful qigong. He is now the head of qigong at the Academy of Oriental Medicine in Austin, Texas. This weekend workshop promises to be full of learning, joy, and lightness!

## **To Register:**

Cost:	Before October 15, 2010	\$195.00 (cash, personal check, money order)
	After October 15, 2010	\$220.00 (cash or money order only)
	Saturday only option	\$110.00 by Oct 15, \$125 after Oct 15
	Bring a friend	\$20 reduction

**Make checks payable to Aiping Cheng. Include name, address, telephone, and email. Send to:** Aiping Cheng, 291 Silverbrook Road, #3, Orange, CT 06477. For more information call 203-795-0203 or write to [aiping.cheng@sbcglobal.net](mailto:aiping.cheng@sbcglobal.net). Visit [www.shengzhen.org](http://www.shengzhen.org) for information on Sheng Zhen Qigong.